

Let's Talk About Opioids

Increased Risk of Death from Opioids

Over 130 people die every day in the United States from an opioid overdose.

You are even more at **risk** for an opioid overdose after **leaving jail or prison**.

Why?

Your tolerance decreases in prison.

You can overdose more easily.

Fentanyl and other strong opioids are common in street drugs.

They may be found in heroin, cocaine, methamphetamine, marijuana and other drugs.

- Fentanyl is more dangerous than heroin if you inject into your blood.
- Fentanyl is impossible to mix evenly with other drugs.

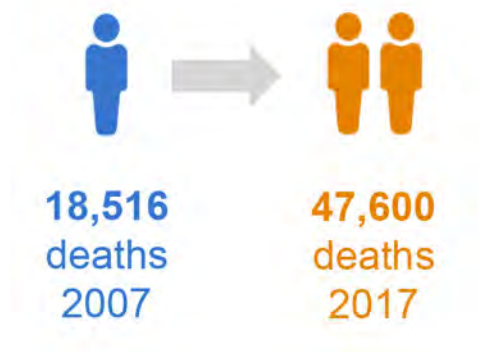
You suffered trauma. Trauma is the emotional response to a terrible or overwhelming experience.

- Being in jail or prison is traumatic. You may also have past trauma.
- Some people use drugs and alcohol to cope with trauma.

It is very dangerous to take opioids with other drugs, alcohol, and medication.

- If you overdose on an opioid you will stop breathing.
 - Alcohol and benzodiazepines ("benzos") also slow down your breathing.

Overdose deaths have more than doubled from 2007 to 2017.



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