

# Let's Talk About Opioids

## Know what an opioid overdose looks like

If you use drugs, you can overdose.  
Fentanyl and other dangerous things are being mixed with all drugs.

### Signs of an Opioid Overdose



Blue lips or nails



Dizziness and confusion



Won't wake up



Choking, gurgling or snoring sounds



Slow, weak or no breathing



Drowsiness or difficulty staying awake

### Think you see an overdose?

**CALL 911**

Give  
**naloxone**  
if you have it

**Don't leave!**  
Stay with  
the person  
until help  
comes

Source: Health Canada, [www.canada.ca/content/dam/hc-sc/documents/services/publications/healthy-living/opioid/poster-indigenous-eng.pdf](http://www.canada.ca/content/dam/hc-sc/documents/services/publications/healthy-living/opioid/poster-indigenous-eng.pdf)



211 S. Paterson St., Suite 170, Madison, WI  
[WisconsinHealthLiteracy.org](http://WisconsinHealthLiteracy.org)

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