

## Create strong passwords

You need a username and password to log into many websites. Always use strong passwords.

### What does a strong password look like?

A strong password:

- is hard for other people to guess
- has 8 or more characters
- uses letters, numbers, and symbols (!@#\$%&\*)
- is different than your other passwords

Do **not** use passwords that are easy to guess. Do **not** use:

- popular words or phrases
- continuous numbers (123)
- personal information

### How do I protect my passwords?

- Always use different passwords (someone will not access all your accounts by learning only one password).
- Do not tell anyone your passwords.
- Do not keep your passwords where other people can see them.
- Always log out and close your browser if you share a computer or use a public computer.



## How do I create a strong password?

A password generator can help you create strong passwords. Follow 5 steps to create your own strong passwords.

**1. Think about a favorite song line or quote**

(A book is a gift you can open again and again)

**2. Use the first letter of each word (abiagycoaaa)**

**3. Capitalize some letters (AbiagycoaaA)**

**4. Change some letters into symbols. You can change some letters into the symbols they look like. For example, use \$ for “s” or use @ for “a”.**

(Abi@gycoa@A)

**5. Add numbers (Abi@gycoa@A5)**

## How do I remember my passwords?

You can use a password manager to remember and protect your passwords.

Lastpass is an example of a password manager.

Do not let web browsers save your passwords. Other people can open your accounts if they have access to your phone or computer.

Watch a video to learn more:

English- <https://www.digitalllearn.org/courses/accounts-passwords-new>

Spanish- <https://www.digitalllearn.org/courses/cuentas-y-contrasenas-nuevo>