

COVID-19, FLU and RSV

How do I know if I have COVID-19, Flu or RSV?

You must take a test to know if you have COVID-19, Flu or RSV. They are all caused by different viruses.

Do COVID-19, Flu, and RSV have similar symptoms?

Yes. This chart shows which symptoms are common with each illness. Each person may have different symptoms.

	COVID-19	FLU	RSV
Fever and Chills	•	•	•
Body Ache	•	•	
Cough	•	•	•
Feeling Tired (Fatigue)	•	•	•
Headache	•	•	
Runny Nose or Nasal Congestion	•	•	•
Trouble Breathing or Short of Breath	•		•
Sore Throat	•	•	
Loss of Smell or Taste	•		
Vomiting or Nausea	•	•	
Wheezing	•		•
Poor Appetite	•		•
Diarrhea	•	•	
Stomach Pain	•		

Are COVID-19, Flu, and RSV contagious?

Yes. They all spread through:

- touching door handles,
- shaking hands, and
- being inside a place where the air does not move well.

Each virus can take different times to spread. Flu can spread 1 to 2 days before you have symptoms. RSV can take 3 to 4 days to show symptoms. COVID-19 can spread up to 14 days before you have symptoms.

How can I protect myself from COVID-19 and Flu?

- Wash your hands often with soap.
- Stay home when you feel sick.
- Get vaccinated.

